HOMEMADE LIPSTICK

This recipe is one of my favourites after I found out what was really in my supposedly "organic" lip balm!

Original recipe by Wellness Mama: <u>https://wellnessmama.c</u> om/5830/homemade-<u>lipstick/</u>



Ingredients:

- 1 Tsp beeswax pastilles
- 1 Tsp Shea butter or Cocoa Butter
- 1 Tsp coconut oil

Optional Add-Ins:

• For Red Hues:

1/8 teaspoon of beet root powder or 1 drop of natural red food coloring with no chemical additives. NOTE: Add these very slowly as a little goes a long way!

• For Brown/Tan Hues:

1/4 teaspoon (or more for color) of organic cocoa powder, a tiny pinch of cinnamon or turmeric to get the shade you want

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• For a more Matte texture:

1/4 teaspoon bentonite clay- I use this with a color so it doesn't leave a white tint on the lips.

• For Scent:

A drop of essential oil of choice (optional)

Instructions:

- 1. Melt the beeswax, shea butter/cocoa butter and coconut oil in a glass jar without a lid in a small pot of simmering (not boiling) water. It should melt quickly because so little of each ingredient is used.
- 2. When melted, remove from heat and add any optional ingredients like color or scent.
- 3. Once all ingredients are mixed well but still liquid, pour into the lip chap container. Fill just below the top as it will expand slightly as it cools. Leave to cool for at least half an hour. Store in a cool place (under 80 degrees) or it will soften.

