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## BANANA HAIR MASK

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I would call this a hair conditioner...I've done this after colouring my hair and it's amazing...I freeze my old bananas and crush them up when ready!

### **Banana Hair Mask Ingredient:**

- 1 ripe or overripe banana

### **Instructions:**

1. Simply mash a ripe or overripe banana, leaving no lumps.
2. Using your hands, work the gooey banana purée into your hair.
3. Leave it on for 15 minutes, then rinse well and wash/condition as usual.

### **Hair Moisturiser:**

Mayonnaise, straight from the jar, will make hair soft and shiny. The egg nourishes brittle hair with protein, while the vinegar gives it body and bounce.

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