



HONEY YOGURT FACE MASK

Ingredients:

- 2 Tbsp plain yogurt
- 2 or 3 Strawberries, or 5 or 6 Raspberries
- 1 tablespoon apple cider vinegar or lemon juice (for oily skin)
- 1 tablespoon raw honey

Instructions:

1. Mash ingredients together.
2. Apply evenly over your face, taking care to avoid your eyes and the sensitive under-eye area.
3. Leave on for 15 minutes, then rinse off with warm water.

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